WHAT IS CLAIMED IS:

- 1. A cardiac harness configured to fit about a patient's heart, comprising a plurality of individual modules assembled together to form the harness.
- 2. The cardiac harness of Claim 1, wherein one of the modules is more compliant than another of the modules.
- 3. The cardiac harness of Claim 1, wherein at least two adjacent modules are selectively releaseable from one another.
- 4. The cardiac harness of Claim 3, wherein at least two adjacent modules are connected to each other.
 - 5. The cardiac harness of Claim 4, wherein the zip coupling comprises a zipper.
- 6. The cardiac harness of Claim 4, wherein the zip coupling comprising an elongate male member that is selectively engaged with an elongate female member.
- 7. The cardiac harness of Claim 1, wherein at least one pair of adjacent modules are permanently affixed to one another.
- 8. The cardiac harness of Claim 7, wherein at least one pair of adjacent modules are connected by silicone.
- 9. The cardiac harness of Claim 1, wherein at least one of the modules comprises a spring hinge.
 - 10. A cardiac harness configured to fit about a patient's heart, comprising:
 - a first module which extends along a first portion of a circumference of the harness; and
 - a second module which extends along a second portion of the circumference of the harness;

wherein the first and second modules are connected to one another.

- 11. The cardiac harness of Claim 10, wherein the first and second modules are connected to one another by a coupling mechanism interposed between the modules.
- 12. The cardiac harness of Claim 11, wherein the coupling mechanism comprises a zip coupling mechanism.
- 13. The cardiac harness of Claim 11, wherein the coupling mechanism comprises silicone.

- 14. A cardiac harness configured to fit about a patient's heart, comprising a zip coupler configured to selectively draw a first portion of the harness adjacent a second portion of the harness.
- 15. The cardiac harness of Claim 14 additionally comprising a secondary coupler adapted to hold the first portion of the harness adjacent the second portion.
- 16. The cardiac harness of Claim 15, wherein the secondary coupler comprises a magnet.
 - 17. A method of making a cardiac harness, comprising: providing a plurality of modules; and connecting the modules to one another to form the harness.
- 18. The method of Claim 17, wherein a connecting member is disposed between each module.
- 19. The method of Claim 18, wherein the connecting member comprises a zip coupler.
 - 20. The method of Claim 18, wherein the connecting member comprises silicone.
 - 21. A method of treating a diseased heart, comprising providing a cardiac harness configured to fit about a patient's heart and comprising a first end and a second end that are adapted to be coupled to one another; rolling at least a portion of the cardiac harness about an axis; placing the rolled cardiac harness adjacent a portion of the patient's heart; and unrolling the harness so that the unrolled harness fits about the heart.
- 22. The method of Claim 21 additionally comprising connecting the first and second ends to each other after the harness has been unrolled about the heart.
 - 23. A method of deploying a cardiac harness about a patient's heart, comprising: providing a cardiac harness configured to fit about a patient's heart and comprising a first end and a second end that are adapted to be coupled to one another; providing a deployment apparatus comprising a deployment member; wrapping at least a portion of the harness about the deployment member; positioning the deployment member adjacent the heart; and

moving the deployment member about the heart in a manner so that the harness unwraps from the deployment member onto the heart as the deployment member is moved about the heart.

- 24. The method of Claim 23 additionally comprising rotating the deployment member while moving it about the heart.
- 25. The method of Claim 23, wherein the deployment apparatus comprises a second deployment member.
- 26. The method of Claim 25, additionally comprising wrapping a portion of the harness about the second deployment member so that the harness is wrapped in a scroll fashion about the first and second deployment members.
- 27. The method of Claim 26 comprising simultaneously moving the first and second deployment members about opposite sides of the heart.
- 28. A cardiac harness, comprising a plurality of modules adapted to be coupled to each other, each of the modules comprising a plurality of spring elements.
- 29. A cardiac harness comprising a plurality of modules, each module having a first edge, a second edge, and a zip coupling mechanism for selectively drawing the first and second edges adjacent to one another.
- 30. A cardiac harness, comprising first and second modules and a zip coupler which connects said first and second modules to each other.
- 31. A cardiac harness configured to fit about a patient's heart, comprising a base portion, an apex portion and a medial portion between the apex and base portions, the apex portion comprising a plurality of spiral shaped elongate members, each spiral shaped elongate member connected at one end to the medial portion and at the other end to a terminal member.
- 32. The cardiac harness of Claim 31, wherein the plurality of spiral shaped elongate members together form a generally conical shaped region of the harness.
 - A cardiac harness configured to fit about a patient's heart, comprising:
 a base portion;
 an apex portion; and
 a medial portion between the apex and base portions;

the base portion comprising interconnected spring elements that are oriented so that the collective spring force around the circumference of the base portion is in a first direction;

the medial portion comprising interconnected spring elements oriented so that the collective spring force around at least a portion of the circumference of the medial portion is in a second direction substantially different than the first direction.

- 34. The cardiac harness of Claim 33, wherein the second direction has significant spring force components in directions both transverse and parallel to a longitudinal axis of the harness.
- 35. A cardiac harness having a central cavity for receiving a portion of a patient's heart such that the harness contacts the wall of the heart substantially throughout said cavity, said harness having a plurality of protrusions extending inwardly such that interference between the protrusion and the wall of the heart aids retention of said harness on said heart.
- 36. The cardiac harness of Claim 35, wherein at least one of the protrusions comprises a barb configured to pierce a portion of the heart wall.
- 37. The cardiac harness of Claim 35, wherein at least one of the protrusions exerts a biasing force against the heart wall when the heart is disposed in the cavity.